JOIN US

We welcome single women who are currently active in the Catholic church, healthy in mind, body and spirit and generally between ages 21 to 45 to consider learning more about life as a Franciscan Sister of Perpetual Adoration.

ASSOCIATE
After initial discernment with our membership director and approval by our admissions board, this is the first formal step. Associates live and serve in an area of need.

NOVITIATE
During this two-year period, novices integrate more fully into religious life, devoting time to studying the vows, community life, solitude, prayer and Franciscan life and values.

TEMPORARY VOWS
During a period of six years, the new member lives the vows of poverty, celibacy and obedience in community, continues to integrate a Franciscan lifestyle and discerns whether she desires to make a permanent commitment.

PERPETUAL VOWS
Permanent membership in FSPA is embraced with perpetual vows of poverty, consecrated celibacy and obedience.

Take the next step by contacting the FSPA Membership Office
912 Market Street, La Crosse, Wisconsin
888-683-FSPA | membership@fspa.org | fspa.org
As Franciscan Catholic Sisters, we seek to follow the universal call to holiness by our public profession of vows. As women in a Vatican II church, we wear modest, modern clothing, and a community medal and ring are worn as signs of our FSPA commitment. We live and minister in the communities we serve.

Rooted in adoration, we center our lives in prayer. Shared prayer and faith are balanced with private and public prayer. We commit ourselves to witness our love for God in service to others. We seek to bring healing with compassion and forgiveness. We do this through ministries of spirituality, education, health care, church ministry, social ministry and advocacy.

HISTORY
Our founders desired to live in the spirit of St. Francis and St. Clare and in deep union with God. Two of our early leaders, Mother Aemiliana Dirr and Mother Antonia Herb, worked tirelessly to solidify the dream of a community devoted to perpetual adoration and to serve the needs of all they encountered.

MISSION
We continue to serve the needs of our times guided by this mission:

We are a community of vowed Franciscan women centered in Eucharist, committed to be loving presence through prayer, witness and service.

PERPETUAL ADORATION
We have been praying before the Blessed Sacrament since August 1, 1878.

Our practice of adoration is about more than private prayer. Adoration is about being present before God and then taking God’s presence out into the world.

FSPA TODAY
We are a vital, growing, diverse group of Catholic Sisters who are engaged in furthering the work of the church and the Gospel. We serve in a variety of ministries, collaborating in areas of greatest need, living Gospel through contemplation and action.

OUR INSPIRATION

OUR EARLY LEADERS