



## Common myths about life as a Franciscan Sister of Perpetual Adoration

1. Myth: I will never see my family or friends again.  
Fact: Women in the incorporation process as well as vowed members are encouraged to maintain healthy relationships with family and friends.
2. Myth: If I become a sister I will never have time off from ministry.  
Fact: It is important to maintain a healthy balance of ministry and rest. Each year women in the incorporation process and vowed members through discernment make arrangements for a retreat, and vacation time to see family and friends.
3. Myth: Someone in community will assign me a ministry and I will have no choice.  
Fact: Each person in community discerns her choice of ministry with community members. Factors such as qualifications, living arrangements and timing of a change are some of the topics for discussion prior to interviewing for a job opening.
4. Myth: I will not have the basic necessities of food, water, clothing and shelter because of preparing and eventually taking a vow of poverty.  
Fact: By sharing resources with one another in community together we make sure that each person has the basic necessities of life.
5. Myth: I will lose my professional credentials because I will not be allowed to complete requirements for my career field.  
Fact: Sisters are encouraged to maintain professional standards for any field in which they are actively ministering.

6. Myth: If I say yes and begin the process of incorporation to become a member of the congregation I will not be able to choose to leave.  
Fact: Discernment is a mutual process and at any time in the incorporation process the candidate can choose to leave and the congregation also has the right to require the candidate to leave. There are also processes in place for someone in temporary vows or in perpetual vows to discern departure.
7. Myth: I will be stuck living and working at the same place my whole life.  
Fact: We are Franciscans and by our very nature are itinerant and in tune with the Holy Spirit. Changes in living and working experiences happen after discernment with community. Many sisters move and change ministries several times over the course of their lifetimes. Sometimes the change will also require further education to work in ministry.
8. Myth: I will lose my independence.  
Fact: Not all decisions are discernments, you will have some autonomy. Moving from independence to interdependence and thinking about what is good for the community is done in steps as you make decisions through discernment.
9. Myth: I will not have access to use technology such as a cellphone or a computer.  
Fact: Access to technology is available. Use is discerned and resources are shared. Community members have access to the tools they need for mission and ministry.
10. Myth: Franciscan love animals so I can bring my pets to live with me when I start the process of becoming a sister.  
Fact: Candidates cannot bring pets with them; plans for re-homing pets must be made prior to moving into community. Allergies, cost, distraction from the incorporation process, diversion from relationships in living communities, and ministries that require focus are just some of the reasons candidates cannot have pets. Attachment to your pets needs to be part of your discernment process.



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